

SESSION ON MENTAL HEALTH

A webinar was conducted for the newest batch of students of the B.C.I.H.M.C.T family, the batch of 2021-25. The webinar was held on 8th January 2021, and focused on the mental health and well-being of the students. Dr. Neelam Mishra, a skilled psychologist with an extensive background in providing assessment and therapeutic interventions to children, adolescents, young adults and the elderly in over 8 years of counseling, graciously accepted to be the guest speaker for the session. Dr. Neelam communicated with the students and actively educated the students how to best cope with mental illness in one's own self as well as if one notices someone around them with symptoms.

She also covered topics for the students such as:-

1. Future prospects for the students in the hospitality industry
2. Importance of stability & emotional balance in one's life.
3. Tips to overcome anything bothering a person mentally like frequent Communication with family & friends whom they trust.
4. Focus on maintaining professional & physical well-being to achieve personal well being
5. Consider online learning as one of Noble need of the time and source of better learning during the ongoing pandemic.

Important tips were also given from ma'am to the students to ensure mental wellbeing such as:-

1. Be in touch with old friends
2. Try to understand your surroundings
3. Give time to yourself
4. Seek help from parents, teacher, friends, siblings
5. Speak up
6. Dedicate time to yourself, parents, siblings, friends
7. Do recreational activities
8. Attend your classes/session, don't skip them
9. Plan your action

The webinar ended with a Q&A session with the students where students anonymously via private message asked dr. Neelam questions that affect them mentally and ma'am was happy to give them solutions on the spot as well as by offering them future sessions with her on a



Signature



Banarsidas Chandiwala Institute of Hotel Management & Catering Technology,
New Delhi

WEBINAR ON “EMOTIONAL INTELLIGENCE FOR ENHANCED PRODUCTIVITY AND PERFORMANCE”

SEPTEMBER 04, 2021

ONLINE PLATFORM: - MS TEAMS

BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY organized an energetic and motivational webinar on a very relevant topic of “EMOTIONAL INTELLIGENCE FOR ENHANCED PRODUCTIVITY AND PERFORMANCE’ on September 04 2021.

Mr Peeyush Srivastav, HOD BCIHMCT welcomed the expert speaker Dr Sunita Laddha, Eminent Speaker and Coach, from Akola, Maharashtra and thanked her for taking valuable time out of her busy schedule to enlighten BCIHMCT Students.

Dr Sunita Laddha , began with the concept of emotional intelligence in an effective manner and the immense possibilities which can have a greater effect on their future careers. She gave insights into the important elements of E.I. being used to make a career more productive and efficient.

She stressed upon the fact of that we need to regulate our emotions and not control them because emotions are psychological in nature and needs to be channelized in a proper manner. She gave an activity for all students to introspect and analyze themselves with reference to right aptitude for professional growth.

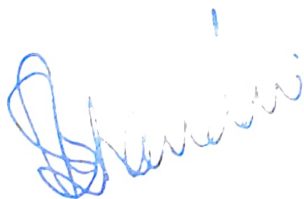
Students, during these engaging sessions asked many questions like –

How do you keep a control on your emotions?

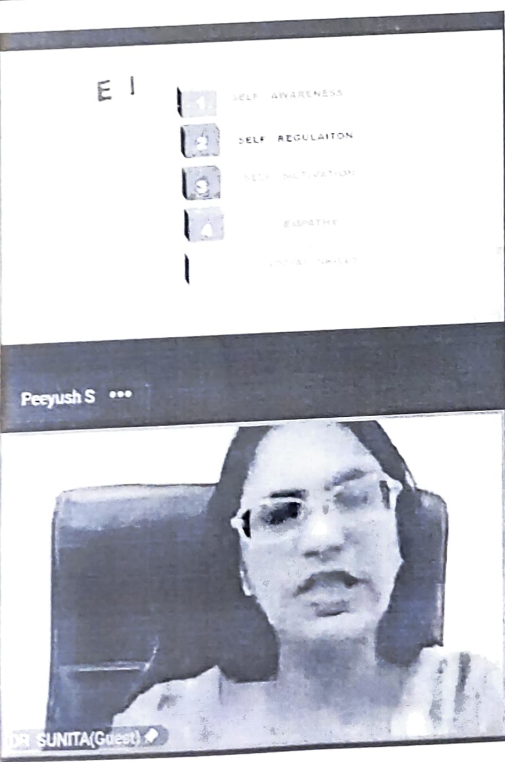
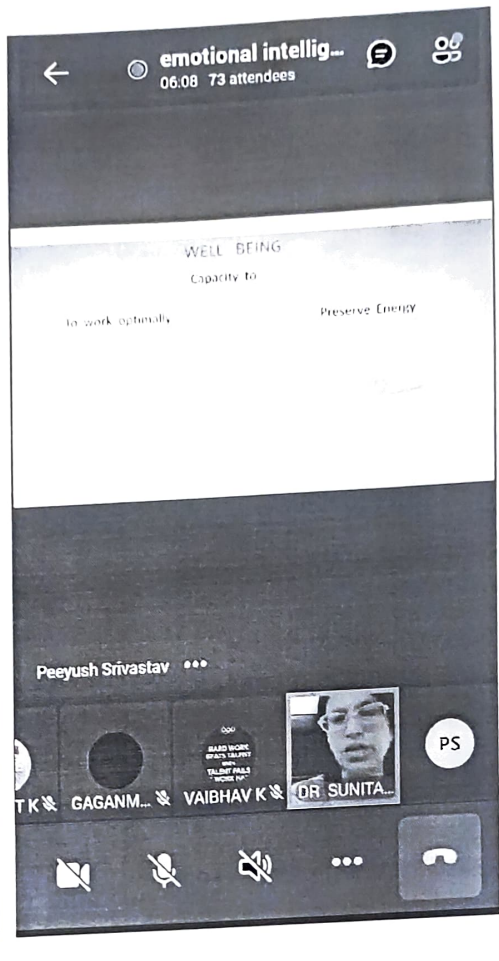
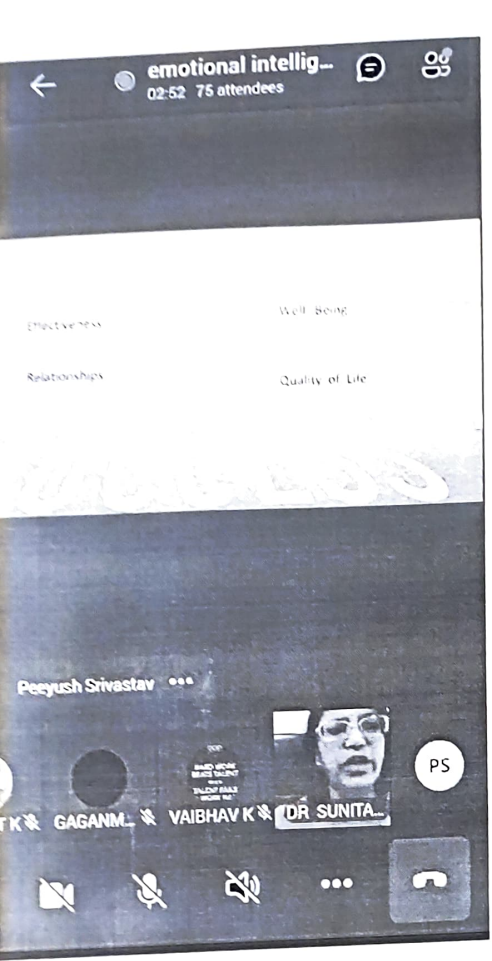
What is the science behind emotional intelligence?

She amicably replied to all questions and guided the students to learn all aspects of emotional intelligence which will be fruitful for them as well.

The session ended with a vote of thanks for Dr Sunita Laddha by the coordinators of the event.



R.K. BHANDARI
Banarsidas Chandiwala Institute of Hotel Management & Catering Technology
Chandiwala Estate, Kalkaji, New Delhi-110019



R.K. BHANDARI
 Principal
 Banarsidas Chaudhary Institute of
 Hotel Management & Catering Technology
 Chandiwala Estate, Wazirpur Industrial Marg,
 Kalkaji, New Delhi-110019

Bhandari

BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY, NEW DELHI

INTERNATIONAL WOMEN'S DAY

Dated on: 08-03-2021

BCIHMCT celebrates International Women's Day with the spirit of Limitless Energy, Collective Effervescence and Self-Transcendence.

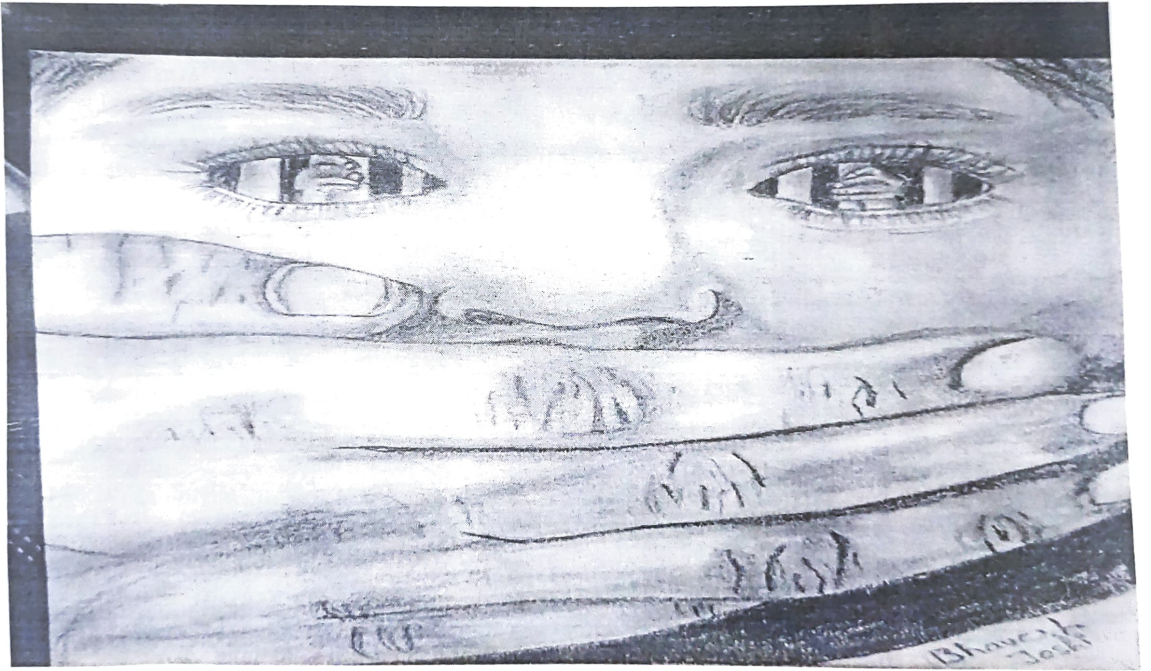
You bring so much love and beauty into our world just by being in it. The courage that exists in perfect harmony with amazing tenderness saves our world every day. Happy Women's Day to all ladies of the world.



R.K. BHANDARI
Principal

Banarsidas Chandiwala Institute of
Hotel Management & Catering Technology
Chandiwala Estate, Maa Anand Bhair Marg,
Kalkaji, New Delhi-110019

A handwritten signature in blue ink, appearing to read 'R.K. Bhandari', is located at the bottom left of the page.



Shouvik Joshi

R.K. BHANDARI
Director
Banaraj Institute of Hotel Management & Culinary Technology
Chandiwala Estate, Hari Nagar, Munai Marg,
Kalkaji, New Delhi-110019

INTERNATIONAL YOGA DAY 2021

*“Yogasthah kuru karmāṅisaṅgamyaktvādhanañjaya ,
siddhyasiddhyoḥsamobhūtvāsamatvaṃ yoga ucyate”* verse 2:58 of the Bhagwat Geeta which when translated means “be steadfast in the performance of your duty, abandoning attachment to success and failure. Such equanimity is called Yog.”

Yoga is undoubtedly the most precious ethos of Indian culture helping the people around the globe to connect their soul, mind and body.

To build on the essence and celebrate the power of *YOG*, on the occasion of International Yoga Day, BCIHMCT organised a virtual event highlighting Yoga and its importance. Hosted on an online platform the event was an amalgamation of revitalized spirits of energy of all the 128 participants.

The event began with the hosts welcoming all the guests and addressing the audience with an introductory speech wherein they were acquainted with benefits and significance of yoga. They also deliberated on the theme of the year 2021, “Yoga for well-being”. Taking the session further, Sunidhi Bala, 2nd year student spoke about importance of practicing yoga by sharing some amazing insights showcasing benefits of practicing yoga daily. Later on in the session, Nikita and Nishita both first year students, enlightened the audience on how yoga can be considered as an alternative therapy and the popularity gained by yoga.

Thereafter, the first year students shared an informative presentation highlighting the efforts put in by the Ministry of Ayush by initiating the celebration of yoga day.

The session concluded with Soundarya Singh, a 3rd year student requesting all the members to take a pledge.




The celebration of Yoga day has helped to instil in the BCHIMCT family, the values of tranquillity, self-restraint and composure which are in harmony with the ethics and mores that the institute seeks to inculcate in those who are associated with it.



Bhanda

A circular stamp of Bharatiya Chikitsa Mahavidyalaya, New Delhi. The text around the border reads "BHARATIYA CHIKITSA MAHAVIDYALAYA" and "NEW DELHI". The center contains the text "CHIKITSA MAHAVIDYALAYA" and "NEW DELHI".

Banarsidas Chandiwala Institute of Hotel Management and Catering Technology (BCIHMCT), New Delhi organized a motivating and captivating WEBINAR on the topic "Traumatic stress in the age of Covid-19: A call to close critical gaps and adapt to new realities" on June 17, 2020.

At the outset, Mr Manish Malhotra, Assistant Professor, BCIHMCT, introduced the speaker Dr. Neelam Mishra, Psychologist, Sri Ganga Ram Hospital, New Delhi.

During the session, Dr. Neelam Mishra spoke about the traumatic stress in the age of Covid-19. She asked the students to not follow news about corona virus and engage themselves more in entertainment activities to divert their attention.

In her concluding remarks, she mentioned "it's important to recognize the seriousness of the students health challenge facing our community, and be mindful that reacting from a place of panic and fear is usually unhelpful, especially in the long-term.

Looking after our well being in times like this, can help to reduce stress and is crucial in enabling us to stay calm and take effective action in the midst of this global crisis".

The Technical aspect of the Webinar was handled by Mr. Sidharth Srivastav Asst. Professor BCIHMCT, New Delhi.

Promotion and Publicity were handled by Mr. Nikhil and Ms. Nausheen, Asst Professors, BCIHMCT, New Delhi.




International yoga day 2020

BCIHMCT celebrates International Day of Yoga (IDY) on June 21, 2020.

In these unprecedented times, health challenges can be fought through healthy living. The pandemic of COVID 19 has shown us the importance of immunity. Yoga is something that improves immunity and health together. Thus, International Day of Yoga is the best platform to promote a healthy lifestyle.

Due to the outbreak of Covid-19, TEAM BCIHMCT is emphasising on Yoga from the safety and comfort of their homes. Faculty members, Staff and Students of BCIHMCT have supported the cause by doing various YOGASANAS for a healthy living.

JUNE 21 is celebrated as INTERNATIONAL DAY OF YOGA after a historic declaration by United Nations General Assembly (UNGA) to remind the people across the globe about the benefits of Yoga and to build enduring public interest by highlighting its importance and contributions to public health.

Sharing some of the visuals sent by our Faculty Members on this historic occasion...IN PICS (Mr. DEEPAK CHHIKARA, Mr. NIKHIL SHARMA, CHEF SUPRABHAT BANERJEE, Mr. SIDHARTH SRIVASTAV, Ms. NEHA SAHNI, Ms. Nausheen Dr. Prem Ram, Mr. Mohan Jain and ~~Dr.~~ Chef Manish Malhotra Assistant Professors, BCIHMCT, NEW DELHI)...






Sharma

MANAGEMENT & CONSULTING
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KALKAJI
NEW DELHI

REPORT: SESSION ON STRESS MANAGEMENT AND BEHAVIORAL RESPONSE

Date: 25th July, 2019

No. of Students: 80

A session on “Stress Management and Behavioral Response” was conducted by Dr. A.C. Varma (Retired Senior Medical Psychologist, Safdarjung Hospital) for the students of 7th semester. Dr. Varma briefed the students about the various root causes of stress and the coping mechanism for the same keeping in mind the individual capacity of a person. He also informed that how counseling sessions can be beneficial for students under parental and peer pressure. Dr. Varma highlighted that *competition* and *comparison* amongst peers should be avoided to reduce stress levels as they can lead to behavioral changes in a person because of the stress cycle. The students put forth various queries which they had in their mind and were enthusiastic throughout the session. The session was of great benefit for the students as it helped them to learn various ways when dealing with stressful situations.



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Chandiwala Estate, New Anandamarg,
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Shandari



R.K. Bhandari

R.K. BHANDARI
Banarsidham Institute of
Hotel Management & Technology
Chandernagore, 11, Kamrai Marg,
Kolkata, West Bengal, 700019

PERSONALITY DEVELOPMENT PROGRAMME ON STRESS AND CONFLICT MANAGEMENT

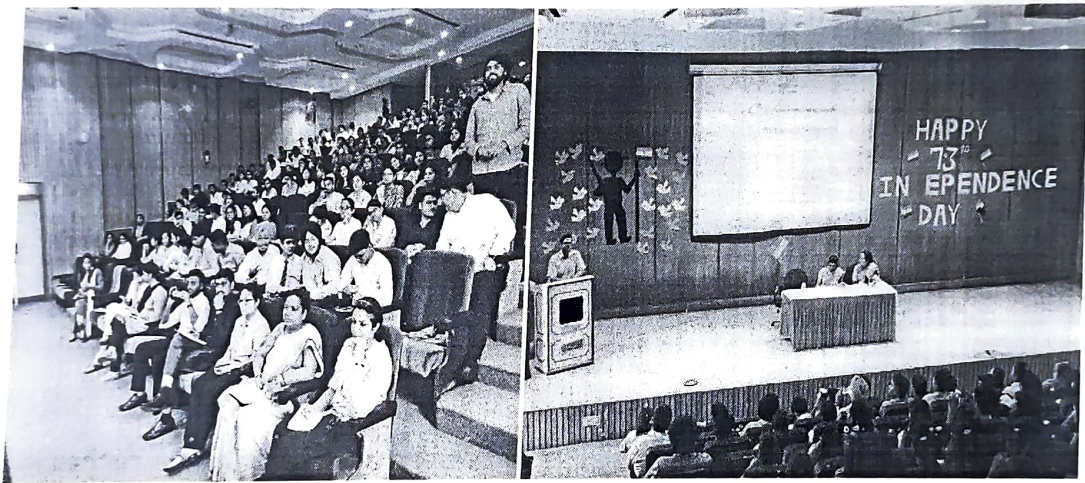
Date: 16th August, 2019

Number of Students: 120

Venue: Auditorium, BCIHMCT

SESSION I

Dr. Kushal Jain, a senior consultant psychiatrist currently working at CBS holds more than 12 years of expertise in psychiatry. He conducted a one hour session with the students of BCIHMCT and briefed them how to cope up with stress related issues when expectations from one's own self and others are not fulfilled. He also informed the students the importance of managing stress and gave tips to the youth for maintaining a healthy life style with plenty of physical activity and sufficient sleep.

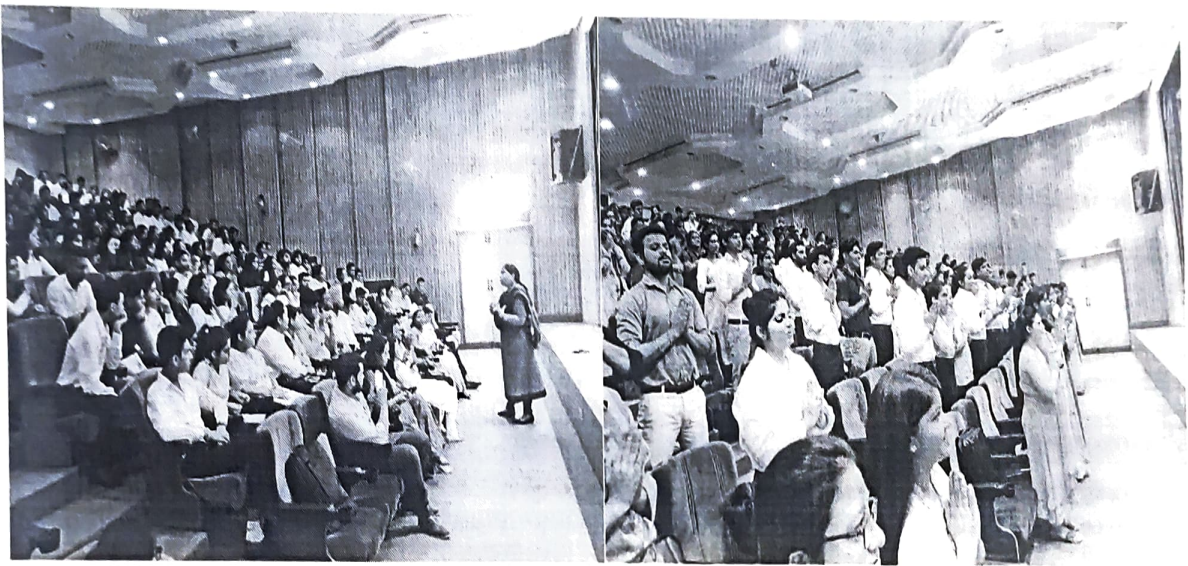


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R.K. PHANIRAJ
Banarasi
Hotel
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SESSION-II

Dr. Simmi Kapoor, a Consultant Psychologist and a social activist with an experience of 26 years, addressed the students while discussing the needs of customers and being a good working professional. Dr. Simmi emphasised on the importance of non-verbal expressions and choice of words while dealing with people. She highlighted that even though the present era is all about socio-technology, human beings still require the personal warmth, attention and care. She discussed the different types of stress on the basis of environmental, physical, social and professional needs and the techniques to cope up with them with the help of yoga, biofeedback sessions, mind body intervention and spiritual sessions.

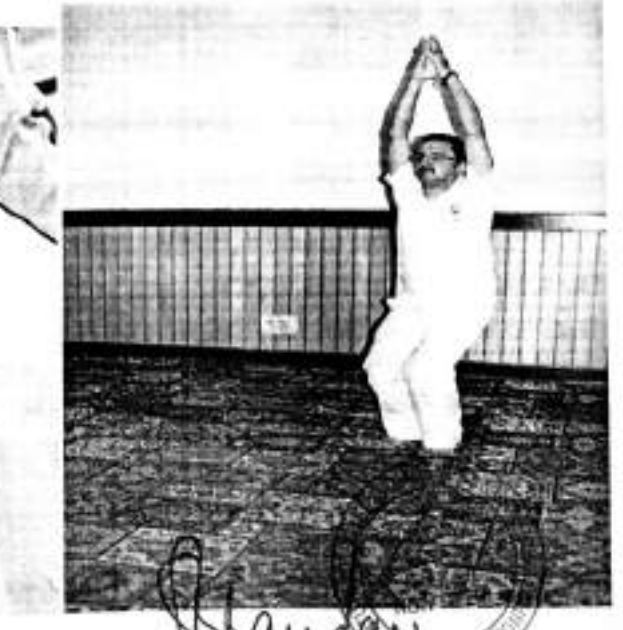


The session ended by conducting **Brain Gym** activities for the students which made the session all the more enthusiastic.

R.K. PHANDARI
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Hotel Management & Technology
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Kalkaji, New Delhi-110019

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- The International Yoga Day was celebrated at BCIHMCT. It was forty five minutes session, started at 9.00 am and ended at 9.45 am. All the faculty members and students participated enthusiastically in the program. Program started with pranayama as a warm up, followed by Surya namaskar and ended with divine and peaceful meditation. (21-06-2019) followed by Satvik food prepared and served by students of HSRT.



Signature
B.C.I.H.M.C.T. * 1997





Shankar

B.C. INSTITUTE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY
SHARDA DWALA
ESTATE
KALKAJI
NEW DELHI

Self Defence Workshop for Girls April 7, 2018

Self Defence Workshop was successfully conducted for the female students of BCIHMCT on April 7, 2018 2 pm onwards by Women Power Association (NGO) in coordination with Special Juvenile Police South District, Delhi Police. Self-defence and Counselling was conducted by Master Vikas Jhanjot (4 Dan Black Belt General Secretary South District). Female students learnt various ways in which an attack could be defended, attacker threatened by using wit and technique. Girls practiced various moves till the trainer was satisfied with their performance. The female faculty members also attended the session which included members from **Sexual Harassment Committee** comprising of Ms. Gagan Soni, Ms. Rachna Chandan & Dr. Sarah Hussain as well. Inspector Tripti, South Delhi, also addressed the girls about being aware of the various laws and acts to protect girls. She informed about “Himmat Plus” app which needs to be downloaded in mobile for safety and security of women. She also shared few tips for preventing cyber-crime by being alert while using social media.





UNDERTAKING

GIRL STUDENTS OF BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY (BCIHM&CT) ARE TAKING PART IN SELF DEFENSE CLASS ON 20TH FEBRUARY 2016 VOLUNTARILY WITHOUT ANY FORCE OR COERCION BY THE INSTITUTE.

THE STUDENTS ARE HEREBY INFORMED THAT THE INSTITUTE'S (BCIHM&CT) MANAGEMENT AND/OR THE ORGANIZERS WOULD NOT BE HELD RESPONSIBLE FOR:-

1. ANY LOSS, DAMAGE OR MISHAPPENING WHAT SO EVER TO ANY PERSON DURING ANY ACTIVITY BEING CONDUCTED DURING THE ABOVE SAID SELF DEFENSE CLASS.

I AGREE TO UNDERGO THE TRAINING AT MY OWN RISK.

DATE

NAME

SIGNATURE

- | | | | |
|----------------------------|-------------------|-----------------------|------------------------|
| ② 1. Akansha Gupta | <u>Akansha</u> | ② 21. Navjot | <u>Navjot</u> |
| ② 2. Mallika Bhawanani | <u>Mallika</u> | ② 22. Anshu | <u>Anshu</u> |
| ② 3. Ananya Saigal | <u>Ananya</u> | ① 23. Shruya | <u>Shruya</u> |
| ② 4. Samya Kapur | <u>Samya</u> | ① 24. Anushi | <u>Anushi</u> |
| ② 5. Sonali Saneja | <u>Sonali</u> | ① 25. Yashpreet Rajni | <u>Yashpreet Rajni</u> |
| ④ 6. Payal Narany | <u>Payal</u> | ① 26. Cheera | <u>Cheera</u> |
| ④ 7. Ritika Gupta | <u>Ritika</u> | ④ 27. Ranu | <u>Ranu</u> |
| ② 8. Isha Suri | <u>Isha</u> | ② 28. Manmat | <u>Manmat</u> |
| ② 9. Himanshi Anona | <u>Himanshi</u> | ④ 29. Lakshmi | <u>Lakshmi</u> |
| ④ 10. Sonika Singh | <u>Sonika</u> | ④ 30. Shreya | <u>Shreya</u> |
| ④ 11. Aditi Selvakumar | <u>Aditi</u> | ② 31. Komal | <u>Komal</u> |
| ④ 12. Chiranjeev Gupta | <u>Chiranjeev</u> | ② 32. Heena | <u>Heena</u> |
| ① 13. Yashpreet Kaur | <u>Yashpreet</u> | ① 33. Ananksha Sharma | <u>Ananksha Sharma</u> |
| ① 14. Shirleen Kaur Oberoi | <u>Shirleen</u> | ① 34. Manika | <u>Manika</u> |
| ① 15. Vidhi Khanduja | <u>Vidhi</u> | | |
| ① 16. Sagrika | <u>Sagrika</u> | | |
| ① 17. Poojai | <u>Poojai</u> | | |
| ② 18. Sanchita Khanna | <u>Sanchita</u> | | |
| ① 19. Akshita Mittal | <u>Akshita</u> | | |





**BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT & CATERING
TECHNOLOGY**

(Approved by AICTE and affiliated to G.G.S. Indraprastha University)

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Ph. : 49020300,301, Fax : 91-11-49020320

E-Mail : director@bcihmct.ac.in Website : www.bcihmct.ac.in

**PERSONALITY DEVELOPMENT AND STRESS MANAGEMENT – MY FIRST BOSS
EXPERT TEAM (Mr. Rajeev Ranjan)**

28th August 2018

BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY conducted a special session by Mr. Rajeev Ranjan on the topic PERSONALITY DEVELOPMENT AND STRESS MANAGEMENT for the students of 5th and 8th semester.

The session commenced with the warm welcome of our eminent guest Mr. Rajeev Ranjan by students and faculties. Mr. Ranjan laid emphasis on the importance of personality development in the hospitality industry. He stated the significance of developing an appealing personality. He also stated the process of handling working conditions in a good manner and manage the stress at workplace. He shared his thoughts and experience with the students that motivated the students. He expressed his views on the upcoming trends in the industry. Mr. Ranjan gave tips on developing the personality. To conclude the session our faculty members expressed the vote of thanks to the guest for contributing his valuable time out of his hectic schedule to guide our students in their career path. Overall it was a very fruitful session for the students to attain guidance from one of the finest people from the industry.

Students interacted in the session with keen interest and raised questions about how to make career in this field. In the end, He responded to the questions of students. Students were very enthusiastic and energetic throughout the session. The session was concluded with a vote of thanks from the Training and Placement Department and an invitation to Mr. Khurana for conducting the session.



Khurana

• BCIHMCT celebrated International Yoga Day 2018 on June 21, 2018 at the campus. # InternationalYogaDay2018 (21-06-2018)



Shankar
INSTITUTE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY
CHANDWALA
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NEW DELHI
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International Yoga Day (21 June, 2016)

Yoga is without a doubt the most valuable asset of Indian culture. And we know this very well that Yoga has always been a boon to the society.

June 21 is celebrated as **INTERNATIONAL DAY OF YOGA** after a historic declaration by **United Nations General Assembly (UNGA)** to remind the people across the globe about the benefits of Yoga and to build enduring public interest by highlighting its importance and contributions to public health.

So, on the occasion of International Yoga Day, BCIHMCT organized an event based on the essence and power of yoga, emphasizing its importance and the creation of the positive mind set in society. The second International Day of Yoga was held around the theme, "**Connect with Youth**" to engage and seek participation from the younger audience.

A lot of energy was seen within the students as well as the faculty members. The popularity of Yoga can be gauged by the fact that many people have started using it as an alternate therapy.

Chandani

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BCIHMCT/GR/2020-21/001

29/3/2020

Grievance Redressal Committee

Name	Designation	Mobile No
Prof. R.K. Bhandari	Chairperson	9871200100
Dr. Prem Ram	Member	9999210924
Ms. Gagandeep Soni	Member	9953492549
Mr. Sumit Pant	Member	9871410909
Mr. Indrajit chaudhary	Member	9958639944
Ms. Sonia Asthana	Member	8527088941
Mr. Mohinder Pal Singh	Member	9971728210
Mr. Babloo Balmiki	Member	7065952820

Prof. R.K. Bhandari
Principal



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E mail: director@bcihmct.ac.in, Website: www.bcihmct.ac.in

Members of the Grievance Redressal Committee 2019-20

Name	Designation	Mobile No
Prof. R.K. Bhandari	Chairperson	9871200100
Dr. Ashish K. Ranga	Administrative Coordinator	9810206663
Ms. Gagandeep Soni	Nodal Officer	9953492549
Mr. Vaibhav Verma	Member	9873443332
Mr. Mohan Jain	Member	9312015221
Ms. Reshma Kamboj	Member	9810162553

Bhandari
1/10/19
Prof. R.K. Bhandari
Principal

Bhandari





Neha Sahni <neha@bchmct.ac.in>

Fwd: Grievance Redressal Student Committee of Banarsidas Chandiwala Institute of Hotel Management and Catering, Kalkaji

1 message

Gagan Soni <gagan@bchmct.ac.in>

Tue, Oct 19, 2021 at 11:00 AM

To: Neha Sahni <neha@bchmct.ac.in>, Nausheen Siddiqui <nausheen@bchmct.ac.in>

Gagandeep Soni
Assistant Professor
HOD Housekeeping
IQAC Coordinator & Chairperson (SH and ICC)
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(NAAC Accredited, Approved by AICTE and affiliated to G.G.S. Indraprastha University)
Chandiwala Estate, Max Aseendrup Marg, Kalkaji, New Delhi - 110019
Ph: 91-11-49020301, Fax: 91-1149020320, Mobile: +91-9953492549
E-Mail: gagan@bchmct.ac.in Website: www.bchmct.ac.in

----- Forwarded message -----

From: Gagan Soni <gagan@bchmct.ac.in>

Date: Tue, Aug 11, 2020 at 4:48 PM

Subject: Grievance Redressal Student Committee of Banarsidas Chandiwala Institute of Hotel Management and Catering, Kalkaji

To: Ggsip University <affiliatedbranch123@gmail.com>

Cc: Director BCHMCT <director@bchmct.ac.in>

Dear Sir

Greetings of the day!!!!

In reference to the mail received I would like to inform you that Banarsidas Chandiwala Institute of Hotel Management and Catering Technology has a well appointed Committee for Grievance Redressal comprising of faculty members as well as students.

The Institute invites nominations from students for being a part of the committee. After screening the nominations and verifying the information received, a committee of Senior Faculty Members lead by the Head of the Institute interviews the selected nominees. The results are declared a day after completion of the procedure.

Banarsidas Chandiwala Institute of Hotel Management and Catering Technology keeps a continuous check on all activities pursued by students at all times. The list of the student Committee members is attached with the mail for your reference. In case of any further clarification required please contact the undersigned.

Thanks and Regards

Gagandeep Soni
Assistant Professor
HOD Housekeeping
IQAC Coordinator
Chairperson (SH&ICC)
Banarsidas Chandiwala Institute of Hotel Management and Catering Technology
Kalkaji 110019
9953492549




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Members of the Grievance Redressal Committee 2019 - 20

Enroll. No.	Name	Year	Mobile No.
01011002216	Tanveer Singh	4 th year	0034601555
08211002216	Hina Maken	4 th year	8585953955
03211002216	Akhil Chopra	4 th year	9654140823
08711002216	Siddharth Kukreja	4 th year	9958486239
07511002217	Smilee Jara	3 rd year	7889875716
00111002218	Sumodha Khar	3 rd year	0654381659
03611002218	Chirag Gurmukhani	2 nd year	7042349654
05611002219	Khanbi Juneja	1 st year	8586036050
02511002219	Shriharsh patnaik	1 st year	8448511675


Mr. Sagardeep Soni
Nodal Officer
BCIHMCT


Professor R. K. Bhandari
Principal
BCIHMCT





NOTICE

COMMITTEE AGAINST SEXUAL HARASSMENT

BCIHMCT has constituted "Committee against Sexual Harassment" in order to develop a conducive atmosphere on the campus, where the status of women is respected and they are treated with dignity. The committee will deal with issues relating to Sexual Harassment at the BCIHMCT. It is applicable to all students, staff and faculty.

In case of any grievances please contact the members of the committee.

S.No.	Name	Position	Contact Number
1.	Mrs. Gagandeep Soni	Assitt. Professor & Chairperson	9953492549
2.	Mr. Gautam Chatterjee	Assitt. Professor	9871217161
3.	Mrs. Rachna Chandan	Assitt. Professor	9717017843
4.	Mrs. Sarah Hussain	Assitt. Professor	9873098656
5.	Mr. Alok Aswal	Assitt. Professor	9873600802



Gagan
15/6
Chairperson






BANARSIDAS CHANDIWALA INSTITUTE OF
HOTEL MANAGEMENT AND CATERING
TECHNOLOGY, KALKAJI, New Delhi-110019

List of Members of Sexual Harassment Committee

(2018-19)

<u>Name of Member</u>	<u>Year</u>	<u>Mobile no.</u>
Vidhi Khanduja	4 th	+919650253818
Shirleen kaur	4 th	+919990722719
Pragati Gambhir	2 nd	+91750083538
Sharad Singh	3 rd	+919582465919
Priyanka Yadav	1 st	+918373930527
Mujaid Khan	1 st	+919999693271


Mrs. Gagandeep Soni
(Chairperson)


Dr. Bhupesh Kumar
(Director)



BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT
& CATERING TECHNOLOGY
Chandiwala Estate, Maa Anandmai Marg, Kalkaji, New Delhi -110019
Ph. : +91-011-49020300, Fax : +91-11-49020320
E mail: director@bcihmct.ac.in, Website: www.bcihmct.ac.in

2017-18

**Complaint Committee under the sexual harassment of
women at workplace**

- Mrs. Gagan : Chairperson
- Mrs. Rachna: faculty member
- Mrs. Sarah Hussain: faculty member
- Mr. Gautam Chatterjee: faculty member
- Mr. Alok Aswal, Faculty member
- Mr. Pradeep Gupta,: Staff Representative



R.K. Bhandari
Principal



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2016-17

**Complaint Committee under the sexual harassment of
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- Mrs. Rachna: faculty member
- Mrs. Sarah Hussain: faculty member
- Mr. Gautam Chatterjee: faculty member
- Mr. Alok Aswal, Faculty member
- Mr. Pradeep Gupta,: Staff Representative

R.K. Bhandari
Principal



31st July 2016

Anti Ragging Committee and Anti Ragging Squad

Anti Ragging Committee :

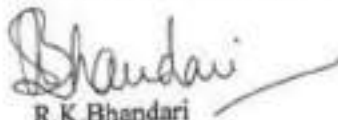
Mr. Gautam Chatterjee, (Head of the Committee)
Mr. Bhupesh Kumar, Mr Piyush Sharma, Mr Alok Aswal, Mrs Gagan Soni,
Mrs Poonam Anand,

Anti Ragging Squad.

They shall be responsible for Patrolling to conduct surprise raids/ inspection in hostels, Canteens, playground and other spots where ragging may take place. The Anti Ragging squad will work under the Guidance of Anti Ragging Committee.

Following members shall perform duties of Anti Ragging Squad.

Mr Manish Malhotra, Assistant Professor
Mr Ashish Ranga, Assistant Professor
Mr Shakesh, Assistant Professor
Mr Prem Prakash, Assistant Professor
Mrs Rachna, Assistant Professor
Ms Sunita, Assistant Professor
Mr Vaibhav, Assistant Professor


R.K. Bhandari
Principal



Students Committee for Anti Ragging

1. Garima Ranjan
2. Leena Raheja
3. Sumit
4. Saurabh Sharma
5. Harjeet Singh
6. Shreya
7. Pratha Mathur

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Govind Puri Okhla Phase -II, Delhi, India
Banaridas Chandiwala Institute of Hotel Management and Catering
Technology, New Delhi
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Long 77.276875°
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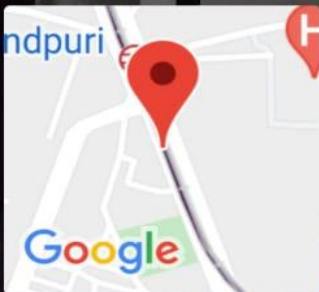
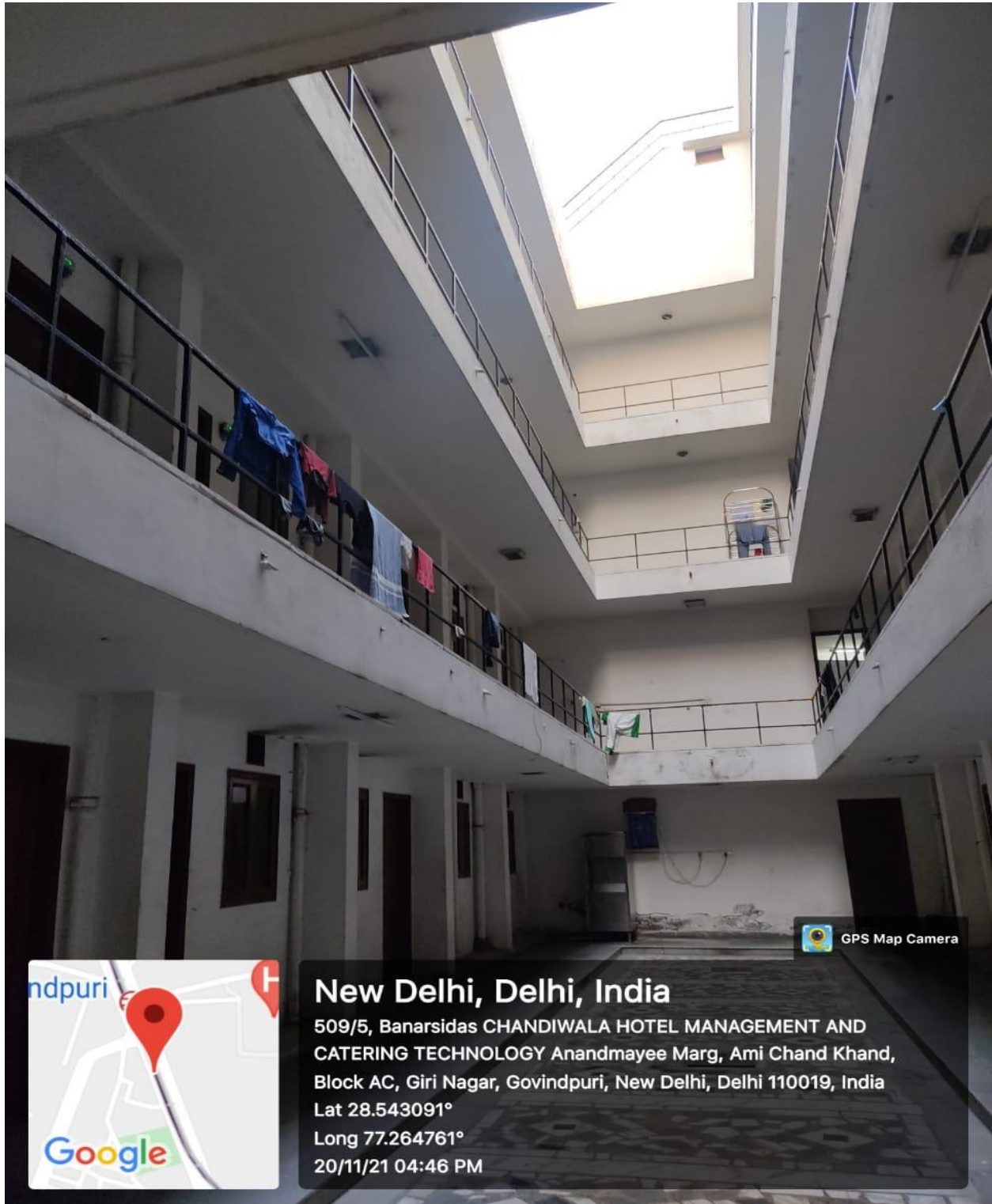


Govind Puri Okhla Phase -II, Delhi, India
Banaridas Chandiwala Institute of Hotel Management and
Catering Technology, New Delhi
Lat 28.535799°
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Anonymous Suggestion Box for Women

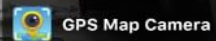


Ladies Hostel

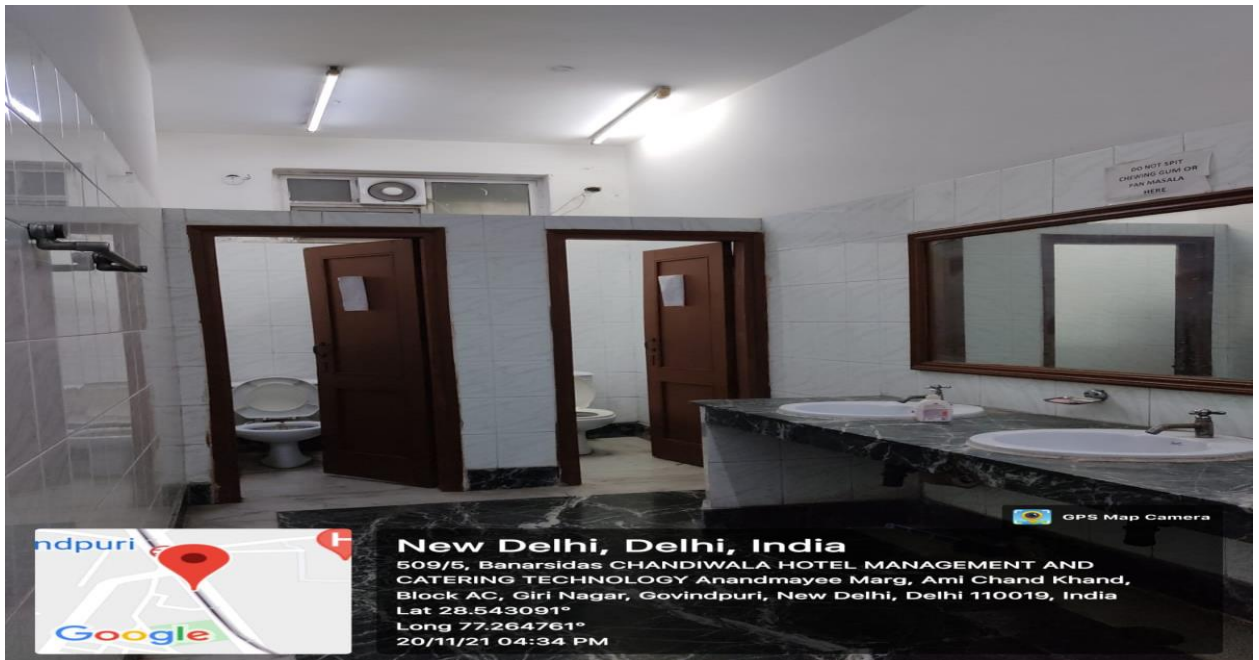


New Delhi, Delhi, India

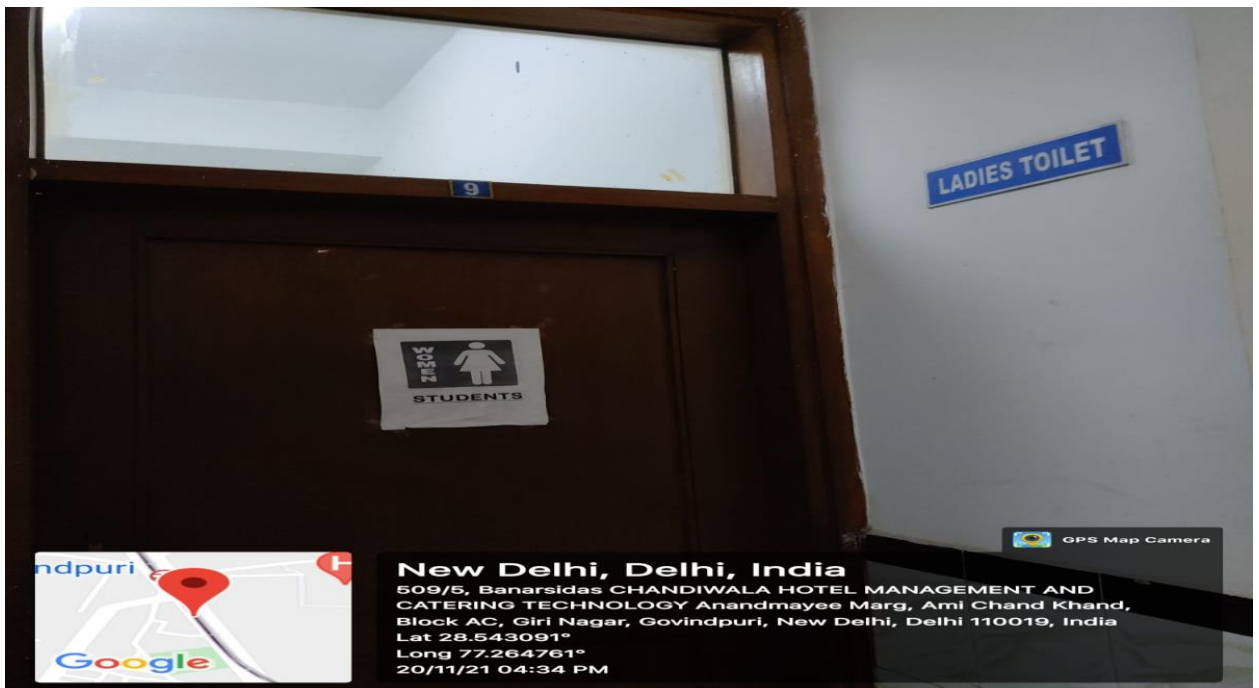
509/5, Banarsidas CHANDIWALA HOTEL MANAGEMENT AND
CATERING TECHNOLOGY Anandmayee Marg, Ami Chand Khand,
Block AC, Giri Nagar, Govindpuri, New Delhi, Delhi 110019, India
Lat 28.543091°
Long 77.264761°
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Ladies Washroom

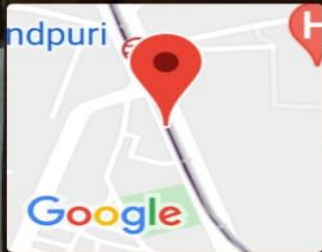


New Delhi, Delhi, India
509/5, Banarsidas CHANDIWALA HOTEL MANAGEMENT AND CATERING TECHNOLOGY Anandmayee Marg, Ami Chand Khand, Block AC, Giri Nagar, Govindpuri, New Delhi, Delhi 110019, India
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Long 77.264761°
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New Delhi, Delhi, India
509/5, Banarsidas CHANDIWALA HOTEL MANAGEMENT AND CATERING TECHNOLOGY Anandmayee Marg, Ami Chand Khand, Block AC, Giri Nagar, Govindpuri, New Delhi, Delhi 110019, India
Lat 28.543091°
Long 77.264761°
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Ladies Locker Room



New Delhi, Delhi, India

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Block AC, Giri Nagar, Govindpuri, New Delhi, Delhi 110019, India
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GPS Map Camera